

Meet Luisa

Luisa is a dedicated practitioner and instructor deeply rooted in the transformative power of yoga. Through her classes, she seeks to inspire and uplift her students, fostering a sense of peace and well-being. Meet Luisa at the Fitness Center from Tuesday to Sunday at 8 am to join her daily complimentary session.



Techniques

Vinyasa
Hatha
Restorative
Dharma
Yin Yoga
Paddle Board Yoga
Ashtahga
Mat Pilates
Meditation & Breathing Exercises

Languages

Spanish
English

Prices (Private Class Rate)

#Of Guest	USD
1	\$120
2	\$180
3	\$240
4-6	\$280
7-8	\$340

*Please contact Personal Concierge for reservations.
Cancellation Policy: 12 hours to avoid full charge.